

IMPLEMENTATION PLAN

Addressing Community Health Needs

Northeast Montana Health Services (NEMHS)

Wolf Point and Poplar, Montana

2019

Table of Contents

The Implementation Planning Process..... 3

Prioritizing the Community Health Needs..... 5

NEMHS’s Existing Presence in the Community 5

List of Available Community Partnerships and Facility Resources to Address Needs..... 6

Roosevelt County Indicators..... 7

Public Health and Underserved Populations Consultation Summaries 8

Needs Identified and Prioritized..... 9

Prioritized Needs to Address 9

Needs Unable to Address 10

Executive Summary..... 11

Implementation Plan Grid..... 13

Needs Not Addressed and Justification..... 19

Dissemination of Needs Assessment..... 22

The Implementation Planning Process

The implementation planning committee – comprised of Northeast Montana Health Services (NEMHS) leadership team– participated in an implementation planning process to systematically and thoughtfully respond to all issues and opportunities identified through their community health needs assessment (CHNA) process.

The CHNA was performed in the winter of 2019 to determine the most important health needs and opportunities for NEMHS service area. “Needs” were identified as the top issues or opportunities rated by respondents during the CHNA survey process or during focus groups (see page 9 for a list of “Needs Identified and Prioritized”). For more information regarding the needs identified, as well as the assessment process/approach/methodology, please refer to the facility’s assessment report, which is posted on the facility’s website (<https://www.nemhs.net/assets/files/CHNA%20SURVEY%202019%20FINAL%20REVISED.pdf>).

The community steering and implementation planning committees identified the most important health needs to be addressed by reviewing the CHNA, secondary data, community demographics, and input from representatives representing the broad interest of the community, including those with public health expertise (see page 8 for additional information regarding input received from community representatives).

The implementation planning committee, reviewed the priority recommendations provided by the community steering committee and determined which needs or opportunities could be addressed considering NEMHS’s parameters of resources and limitations. The committee then prioritized the needs/opportunities using the additional parameters of the organizational vision, mission, and values, as well as existing and potential community partners. Participants then created a goal to achieve through strategies and activities, as well as the general approach to meeting the stated goal (i.e. staff member responsibilities, timeline, potential community partners, anticipated impact(s), and performance/evaluation measures).

The prioritized health needs as determined through the assessment process and which the facility will be addressing relates to the following healthcare issues:

1. Access to Healthcare services
2. Health and Wellness
3. Mental Health

In addressing the aforementioned issues, NEMHS seeks to:

- a) Improve access to healthcare services
- b) Enhance the health of the community
- c) Advance medical or health knowledge

Northeast Montana Health Services' Mission:

Northeast Montana Health Services is committed to improving the quality of human life in our community.

Northeast Montana Health Services' Vision: To be the first choice in healthcare.

Northeast Montana Health Services' Values:

In pursuit of our mission, we believe the following value statements are essential and timeless:

- ***We treat*** everyone with compassion, dignity and respect
- ***We act*** with absolute honesty and fairness in the way we conduct business
- ***We trust*** our colleagues as valuable members of our healthcare team

Implementation Planning Committee Members:

- Peg Norgaard, CEO Northeast Montana Health Services (NEMHS)
- Roger Fisher, COO, NEMHS
- Scott Nefzger, VP of Information Systems, NEMHS
- Laurie Handy, VP of Clinic Services, NEMHS
- Nonette Brown, VP of Clinical Support, NEMHS
- Elaine Long, VP of Nursing Services, NEMHS
- Joby Flynn, VP of Senior and Long-Term Care, NEMHS
- Demi Wilkinson, CFO and VP of Finance, NEMHS

Prioritizing the Community Health Needs

The steering and implementation planning committees completed the following to prioritize the community health needs:

- Reviewed the facility's presence in the community (i.e. activities already being done to address community need)
- Considered organizations outside of the facility which may serve as collaborators in executing the facility's implementation plan
- Assessed the health indicators of the community through available secondary data
- Evaluated the feedback received from consultations with those representing the community's interests, including public health

NEMHS's Existing Presence in the Community

- NEMHS sponsored a 1 and 5 K run or walk Color Run.
- NEMHS provides CNA classes to community.
- NEMHS hosts a REACH program for high school students interested in exploring health careers.
- NEMHS with emergency service organizations provides EMS support for local sporting events
- NEMHS EMS sponsored an EMS Bash as a fundraiser to offset ambulance replacement costs.
- NEMHS EMS sponsored a Halloween safety event.
- NEMHS provides CPR to Law Enforcement and Emergency Response personnel.
- NEMHS sponsors a "Tough Enough to Wear Pink" campaign at the Wolf Point Stampede each year to raise Breast Cancer awareness.
- NEMHS provides medical nursing services on site to Roosevelt County Correctional Facility.
- NEMHS Community "Consequences" (impaired driving/distracted awareness in association with the Wolf Point School District.
- EMS placed a "Distracted Awareness" (texting) bill board as a part of NEMHS's Trauma Awareness.
- NEMHS provides volunteer support to local events such as BB tournaments, Wild West Days, and Wolf Point Stampede
- Mentoring site for clinical rotations for FNP's, MT's, RT's, PA-C's, WAMII medical students and CNM's.

List of Available Community Partnerships and Facility Resources to Address Needs

- Billings Clinic
- Indian Health Services (IHS)
- Fort Peck Tribes Health Promotion / Disease Prevention Wellness Program (HP/DP)
- Spotted Bull Outpatient Treatment Center
- Eastern Montana Area Health Education Center (AHEC)
- Montana Connections/AHEC Recruitment program
- WWAMI (Regional Medical School)
- Wolf Point and Poplar School Districts
- Montana Office of Rural Health
- Eastern Montana Telemedicine Network (EMTN)
- Eastern Montana Mental Health Services (EMMHS)
- Montana Health Network (MHN)
- Fort Peck Community College
- 3RNet
- University of Montana (UM)
- Montana State University (MSU) and MSU B
- Miles City Community College
- Montana Hospital Association (MHA)
- HealtheLife App- Electronic health portal
- Montana Department of Health and Human Services (DPHHS)
- Roosevelt County Health Department
- Local Emergency Preparedness Coalition

Roosevelt County Indicators

Population Demographics

- 24.4% of Roosevelt County's population is 65 years and older
- 58.3% of Roosevelt County's population is American Indian
- 8.2% of Roosevelt County's population has Veteran status

Size of County and Remoteness

- 10,425 people in Roosevelt County
- 4.4 people per square mile

Socioeconomic Measures

- 24.3% of persons are below the federal poverty level
- 25% of adults (age<65) are uninsured; Data is not available by county for uninsured children less than age 18
- 33% of children live in poverty; 38% receiving WIC benefits
- 16.5% of the population is enrolled in Medicaid
- There is a higher percentage of the population with a high school degree or less compared to Montana/US

Select Health Measures

- Teen birth rate, for females age 15-19, is 101.9 (per 1,000 years 2009-2013)
- 29.1% of women report smoking during pregnancy
- 38% of children (2-5 years of age) are overweight or obese; 37% of adults are considered obese
- 30% of the adult population report smoking
- Poor mental health days (in the past 30 days) is 4.5 compared to 3.6 in Montana
- Roosevelt County has higher than state rates of chlamydia, hepatitis C and pertussis
- Diabetes hospitalization rate (per 100,000 population) is 1,976.4 compared to 1,0583.9 for Montana
- Suicide rate (per 100,000 population) is 38.4 compared to 22.5 for Montana
- Unintentional injury death rate (per 100,000 population) is 96.7 compared to 41.7 for Montana
- 29% of the adult population report physical inactivity

Nearest Major Hospital

- Trinity Health in Minot, North Dakota – 220 miles from Northeast Montana Health Services
- Although Trinity Health is the closest facility, NEMHS refers a majority of its patients to Billings Clinic, which is 329 miles away

Public Health and Underserved Populations Consultation Summaries

Public Health Consultation [Patty Presser, RN – Roosevelt County Public Health– 3/20/2019]

- Utilization of both online (Survey Monkey) and paper surveys (placed in clinics) could improve or diversify respondents.
- Mental health services- both acute and chronic are a large need in the county.

Underserved Population – Senior Citizens

[Peg Norgaard, CEO – NEMHS; Tory Matejovsky, Missouri River Development- 3/20/2019]

- The survey introduction video was a nice personal touch that will resonate with the community.
- Senior services and programs (wellness, services that assist seniors to age in place) would be beneficial. Walking programs or other activities could also benefit community at large, not just seniors. Exploring the Silver Sneakers model.
- Recruitment for providers seems to be an ongoing need.

Underserved Population – Tribal/ American Indian

[Peg Norgaard, CEO – NEMHS; Tory Matejovsky, Missouri River Development; Patty Presser, RN- Roosevelt County Public Health- 3/20/2019]

- Including the video introducing the survey and its importance is a great way to market the survey to the community.
- Barriers to accessing primary care services seem to be clinic times and appointments. Perhaps exploring something like a weekend urgent care could help.

Needs Identified and Prioritized

Prioritized Needs to Address

1. Survey respondents reported the top two components to a healthy community are: healthy behaviors and lifestyles and access to health care and other services.
2. Focus group participants felt hiring additional physicians was important for improving the community's access to healthcare.
3. 13.83% of survey respondents rated their knowledge of NEMHS services as "Fair" or "Poor".
4. 43.1% of survey respondents indicated there was a time they or a family member did not get or delayed needed healthcare services in the past three years.
5. Top reported reasons for not getting or delaying needed healthcare services were too long to wait for an appointment, it costs too much and could not get an appointment.
6. 48.13% of survey respondents rated the general health of their community as "Unhealthy".
7. 22.95% of respondents reported they had physical activity of at least 20 minutes 3-5 times per month or less; secondary data analysis shows 29% of county residents report physical inactivity.
8. 35% of adults in the county are considered obese; 38% of children 2-5 years of age are overweight or obese.
9. Focus group respondents feel there is a lack of options for exercise for all ages and during the winter.
10. Focus group respondents expressed a need for more health education and outreach related to diet/nutrition, exercise and prevention.
11. Roosevelt County has a higher rate of diabetes hospitalization than the state.
12. Roosevelt County has higher rates for suicide than the state.
13. Roosevelt County adults report higher rates of poor mental health days when compared to the state.
14. Top health concerns reported by survey respondents were: Alcohol and substance abuse, Child abuse/neglect, diabetes, and mental health issues.
15. 27.32% of survey respondents reported experiencing periods of at least three consecutive months where they felt depressed on most days.
16. Mental health and access to mental health services was a top concern at all focus group meetings.
17. Focus group attendees felt behavioral health support, trauma, alcohol and substance abuse, and suicide prevention were top concerns for the community.

Needs Unable to Address

(See page 22 for additional information)

1. Domestic violence and trauma were identified as high areas of concern in both survey and focus group data.
2. Cost of care was rated the second highest reason for not getting or delaying needed medical services.
3. Eye and dental services were identified as needed services not currently available- for both adults and children.
4. 24.3% of adults in Roosevelt County are below the poverty level; 25% of adults are underinsured.
5. Teen birthrate in Roosevelt County is 101.9 per 1,000 births compared to 32 for the state.
6. Roosevelt County has a rate of 857.1 per 100,000 people with Hepatitis C compared to 112.95 for the state.
7. Unintentional injury death rate for Roosevelt County is 96.7 per 100,000 people compared to 41.3 in the state.

Executive Summary

The following summary briefly represents the goals and corresponding strategies and activities, which the facility will execute to address the prioritized health needs (from page 9). For more details regarding the approach and performance measures for each goal, please refer to the Implementation Plan Grid section, which begins on page 13.

Goal 1: Increase access to healthcare services in the NEMHS service area.

Strategy 1.1: Increase access to primary and specialty care services at NEMHS

Activities:

- Continue efforts to recruit new primary care provider to enhance access to healthcare services
- Offer REACH camp annually (pipeline program) in partnership with MT AHEC to support students interested in healthcare
- Provide local CNA training
- Provide local nurse training opportunities and partner with Miles City Community College to host nursing clinical site rotations for students
- Develop a community marketing campaign to announce nurse practitioner and nursing student placements

Strategy 1.2: Study opportunities to expand specialty services available at NEMHS

Activities:

- Reach out to regional partners to explore specialty service expansion (i.e. Podiatry, ENT)

Strategy 1.3: Increase efforts to enhance community knowledge of available services

Activities:

- Develop a new/enhanced marketing campaign to educate staff and community about available services
- Explore expanding outreach efforts to include various modalities (ex. Social media, website, post office box fliers, local hotels, etc.)
- Develop marketing materials for facility waiting room TVs that highlight news/updates and educational material.

Goal 2: Broaden NEMHS health and wellness outreach efforts in Roosevelt County.

Strategy 2.1: Continue current and develop new community events/programs that promote health and wellness in Roosevelt Co.

Activities:

- Explore feasibility to hire seasonal staff to coordinate NEMHS wellness efforts
- Develop a walking program for community to increase physical activity (tracking steps, miles, etc.)
- Explore offering new community events/programs that promote activity (ex. disc golf tournament, geocaching)
- Seek opportunities to support local youth and adult recreational teams (baseball, basketball, etc.)
- Continue to sponsor community events that promote health and wellness (golf tournament, color run)

Goal 3: Improve access to mental health services at NEMHS

Strategy 3.1: Explore opportunities to advance access to mental health services

Activities:

- Explore feasibility of offering contracted psychiatric-mental health nurse practitioner (PMHNP) services via video technology
- Explore feasibility of offering (limited/regular) psychiatric-mental health nurse practitioner services via in-person consults
- Convene regional CAH administrators to discuss potential regional models to address/support mental health crisis services

Strategy 3.2: Educate community and NEMHS staff on topics related to mental/behavioral health

Activities:

- Explore local/regional training opportunities for NEMHS staff on best practices related to mental health (contact regional/state partners such as MT AHEC)
- Develop a marketing and outreach plan to educate community on available NEMHS mental health services

Implementation Plan Grid

Goal 1: Increase access to healthcare services in the NEMHS service area.

Strategy 1.1: Increase access to primary and specialty care services at NEMHS.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Continue efforts to recruit new primary care provider to enhance access to healthcare services	CEO COO	Spring 2022	Governing Board	Recruitment contracts, MHA Ventures, Montana Connections/AHEC recruitment program	Workforce availability Resource limitations Financial limitations
Offer REACH camp annually (pipeline program) in partnership with MT AHEC to support students interested in healthcare	Director of Staff Development	Annually	VP of Nursing Services	AHEC, Local School Districts	Resource limitations Scheduling conflicts
Provide local CNA training	Director of Staff Development	Ongoing	VP of Senior & LTC	Wolf Point School District	Scheduling conflicts Demand
Provide local nurse training opportunities and partner with Miles City Community College to host nursing clinical site rotations for students	On Site Clinical Instructor CNO Poplar Campus	Spring 2020 (first graduates)	VP Nursing Services	Miles City Community College	Resource limitations Scheduling conflicts
Develop a community marketing campaign to announce nurse practitioner and nursing student placements	Director HR Director of Marketing	Ongoing	VP of Finance COO	Senior Management Team	Resource limitations Financial limitations

Needs Being Addressed by this Strategy:

1. Survey respondents reported the top two components to a healthy community are: healthy behaviors and lifestyles and access to health care and other services.
2. Focus group participants felt hiring additional physicians was important for improving the community’s access to healthcare.

3. 13.83% of survey respondents rated their knowledge of NEMHS services as “Fair” or “Poor”.
4. 43.1% of survey respondents indicated there was a time they or a family member did not get or delayed needed healthcare services in the past three years.
5. Top reported reasons for not getting or delaying needed healthcare services were too long to wait for an appointment, it costs too much and could not get an appointment.
6. 48.13% of survey respondents rated the general health of their community as “Unhealthy”.

Anticipated Impact(s) of these Activities:

- Increase access to primary care services
- Improved community health outcomes
- Increase community knowledge of health career pathways
- Increase clinical learning opportunities for students interested in healthcare
- Improve community knowledge of and support for student placements
- Improve community health

Plan to Evaluate Anticipated Impact(s) of these Activities:

- Track success of hiring primary care provider
- Track number of CNA trainings provided
- Track number of CNA students participating and pass rate
- Track number of Reach Camps held at NEMHS
- Track number of students/interested in attending Reach Camps
- Track development and postings of visiting student placements that enhance community outreach

Measure of Success: NEMHS hires a new primary care provider; MCC graduates 3 students who have chosen NEMHS as their employer; 50% of CNA class choose NEMHS as their employer; marketing of new providers will become a part of overall Marketing strategy for NEMHS.

Goal 1: Increase access to healthcare services in the NEMHS service area.

Strategy 1.2: Study opportunities to expand specialty services available at NEHMS.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Reach out to regional partners to explore specialty services expansion (i.e. podiatry, ENT)	VP of Clinics	Spring 2022	CEO	Regional Healthcare Providers, MHN	Workforce availability Regulatory limitations Financial limitations

Needs Being Addressed by this Strategy:

1. Survey respondents reported the top two components to a healthy community are: healthy behaviors and lifestyles and access to health care and other services.
2. Focus group participants felt hiring additional physicians was important for improving the community’s access to healthcare.
6. 48.13% of survey respondents rated the general health of their community as “Unhealthy”.

Anticipated Impact(s) of these Activities:

- Increase access to specialty care services
- Increase collaboration and relationships with regional healthcare providers
- Reduce some of the travel burden from extensive travel for specialty care
- Improve community health outcomes

Plan to Evaluate Anticipated Impact(s) of these Activities:

- Track meetings and developments related to service line expansion
- Track new specialty care services offered through NEMHS
- Track community utilization of new service(s) provided

Measure of Success: NEMHS expands availability of specialty care services.

Goal 1: Increase access to healthcare services in the NEMHS service area.

Strategy 1.3: Increase efforts to enhance community knowledge of available services.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Develop a new/enhanced marketing campaign to educate staff and community about available services.	Director HR Marketing Director	Spring 2020	VP Finance		Resource limitations Financial Limitations
Explore expanding outreach efforts to include various modalities (ex. Social media, website, post office box fliers, local hotels, etc.).	Director of Marketing	Spring 2020	VP Finance	Various community businesses/ partners	Resource limitations Financial limitations
Develop marketing materials for facility waiting room TVs that highlight news/updates and educational material.	Director of Marketing VP of Clinics	Spring 2020	VP of Clinics		Resource limitations

Needs Being Addressed by this Strategy:

1. Survey respondents reported the top two components to a healthy community are: healthy behaviors and lifestyles and access to health care and other services.
3. 13.83% of survey respondents rated their knowledge of NEMHS services as “Fair” or “Poor”.
6. 48.13% of survey respondents rated the general health of their community as “Unhealthy”.

Anticipated Impact(s) of these Activities:

- Increase in community knowledge of available healthcare services
- Increase in NEMHS staff knowledge of available services
- Increase in NEMHS community outreach and engagement
- Improved access to care

Plan to Evaluate Anticipated Impact(s) of these Activities:

- Track creation, types/modalities, and dissemination of new marketing materials
- Track utilization of clinical services pre and post new marketing efforts

- Track development of and implementation of TV educational materials

Measure of Success: NEMHS launches a new enhanced marketing and outreach strategy improving community knowledge of available services and strategies for marketing new services.

Goal 2: Broaden NEMHS health and wellness outreach efforts in Roosevelt County.

Strategy 2.1: Continue current and develop new community events/programs that promote health and wellness in Roosevelt Co.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Explore feasibility to hire seasonal staff to coordinate NEMHS wellness efforts	CEO	Winter 2020	CEO CFO		Resource limitations
Develop a walking program for community to increase physical activity (tracking steps, miles, etc.)	VP Nursing CEO	Spring 2020	CEO		Resource limitations
Explore offering new community events/programs that promote activity (ex. disc golf tournament, geocaching)	VP Nursing CEO	Spring 2021	CEO		Resource limitations Funding limitations
Seek opportunities to support local youth and adult recreational teams (baseball, basketball, etc.)	VP Clinical Support CEO	Spring 2021	CEO CFO		Resource limitations Financial limitations
Continue to sponsor community events that promote health and wellness (golf tournament, color run)	VP Clinical Support Employee Committee NEMHS Charitable Foundation	Ongoing	CEO		Financial limitations

Needs Being Addressed by this Strategy:

1. Survey respondents reported the top two components to a healthy community are: healthy behaviors and lifestyles and access to health care and other services.
6. 48.13% of survey respondents rated the general health of their community as “Unhealthy”.
7. 22.95% of respondents reported they had physical activity of at least 20 minutes 3-5 times/month or less; secondary data analysis shows 29% of county residents report physical inactivity.
8. 35% of adults in the county are considered obese; 38% of children 2-5 years of age are overweight or obese.
9. Focus group respondents feel there is a lack of options for exercise for all ages and during the winter.
10. Focus group respondents expressed a need for more health education and outreach related to diet/nutrition, exercise and prevention.
11. Roosevelt County has a higher rate of diabetes hospitalization than the state.

Anticipated Impact(s) of these Activities:

- Increase NEMHS capacity to create/implement community health and wellness programs
- Increase in NEMHS community outreach and engagement
- Improve community health outcomes

Plan to Evaluate Anticipated Impact(s) of these Activities:

- Determine feasibility of hiring new staff person to lead wellness efforts for NEMHS
- Track development of community walking program
- Track participants in walking or other wellness programs
- Track development of new community events that promote health and wellness

Measure of Success: NEMHS develops new community programs that promote health and wellness; retains current programs.

Goal 3: Improve access to mental health services at NEMHS.

Strategy 3.1: Explore opportunities to advance access to mental health services.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Explore feasibility of offering contracted psychiatric-mental health nurse practitioner (PMHNP) services via video technology.	CEO	Spring 2020	CEO	Private Provider	Resource limitations Financial limitations Scheduling conflicts
Explore feasibility of offering (limited/regular) psychiatric-mental health nurse practitioner services via in-person consults.	CEO	Spring 2020	CEO	Private Provider	Resource limitations Financial limitations Scheduling conflicts
Convene regional CAH administrators to discuss potential regional models to address/support mental health crisis services.	CEO	Spring 2022	CEO	Regional CAH partners	Scheduling conflicts

Needs Being Addressed by this Strategy:

1. Survey respondents reported the top two components to a healthy community are: healthy behaviors and lifestyles and access to health care and other services.
6. 48.13% of survey respondents rated the general health of their community as “Unhealthy”.
12. Roosevelt County has higher rates for suicide than the state.
13. Roosevelt County adults report higher rates of poor mental health days when compared to the state.
14. Top health concerns reported by survey respondents were: Alcohol and substance abuse, Child abuse/neglect, diabetes, and mental health issues.
15. 27.32% of survey respondents reported experiencing periods of at least three consecutive months where they felt depressed on most days.
16. Mental health and access to mental health services was a top concern at all focus group meetings.
17. Focus group attendees felt behavioral health support, trauma, alcohol and substance abuse, and suicide prevention were top concerns for the community.

Anticipated Impact(s) of these Activities:

- Improved access to mental health service in the NEMHS service area

- Improved health outcomes

Plan to Evaluate Anticipated Impact(s) of these Activities:

- Track success of providing PMHNP services at NEMHS via technology
- Track success of providing PMHNP services at NEMHS on-site
- Track success in convening regional CAHs to discuss mental health crisis needs
- Track feasibility of implementing a regional mental health crisis services model

Measure of Success: NEMHS expands mental health services.

Goal 3: Improve access to mental health services at NEMHS.

Strategy 3.2: Educate community and NEMHS staff on topics related to mental/behavioral health.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Explore local/regional training opportunities for NEHMS staff on best practices related to mental health (contact regional/state partners such as MT AHEC).	CEO	Fall 2020	CEO	MT AHEC, DPHHS	Resource limitations Financial limitations Scheduling conflicts
Develop a marketing and outreach plan to educate community on available NEHMS mental health services.	CEO Director of Marketing	Fall 2020	CEO		Resource limitations

Needs Being Addressed by this Strategy:

1. Survey respondents reported the top two components to a healthy community are: healthy behaviors and lifestyles and access to health care and other services.
6. 48.13% of survey respondents rated the general health of their community as “Unhealthy”.
12. Roosevelt County has higher rates for suicide than the state.
13. Roosevelt County adults report higher rates of poor mental health days when compared to the state.
14. Top health concerns reported by survey respondents were: Alcohol and substance abuse, Child abuse/neglect, diabetes, and mental health issues.

- 15. 27.32% of survey respondents reported experiencing periods of at least three consecutive months where they felt depressed on most days.
- 16. Mental health and access to mental health services was a top concern at all focus group meetings.
- 17. Focus group attendees felt behavioral health support, trauma, alcohol and substance abuse, and suicide prevention were top concerns for the community.

Anticipated Impact(s) of these Activities:

- Increased knowledge of available health services at NEMHS
- Improved access to mental health service in the NEMHS service area
- Improved health outcomes

Plan to Evaluate Anticipated Impact(s) of these Activities:

- Track numbers of trainings provided, and number of NEMHS participants
- Track utilization of NEMHS mental health services pre and post marketing outreach

Measure of Success: NEMHS increases access to mental health services in the NEMHS service area.

Needs Not Addressed and Justification

Identified health needs unable to address by NEMHS	Rationale
1. Domestic violence and trauma were identified as high areas of concern in both survey and focus group data.	<ul style="list-style-type: none"> • Other community partners have active programs within FT Peck Tribes and school districts. Family dynamics/socioeconomic factors are beyond our financial and workforce/expertise scope.
2. Cost of care was rated the second highest reason for not getting or delaying needed medical services.	<ul style="list-style-type: none"> • We have researched our rates compared to other facilities in our service area as well as tertiary centers and we have found them to be competitive. We also completed a Charge Master review which compared our facility with like facilities and Medicare allowable rates.

<p>3. Eye and dental services were identified as needed services not currently available- for both adults and children.</p>	<ul style="list-style-type: none"> • These services are available to Tribal members through Indian Health Services and Health Promotion Disease Prevention. There is also a private, local dentist. Providing dental services is beyond the scope of NEMHS services at this time.
<p>4. 24.3% of adults in Roosevelt County are below the poverty level; 25% of adults are underinsured.</p>	<ul style="list-style-type: none"> • TSHIP (Tribal Sponsored Health Insurance Program) is available to all members who are underinsured, or not insured. NEMHS has a sliding-fee scale through our Riverside Family Clinic and Listerud Rural Health Clinic.
<p>5. Teen birthrate in Roosevelt County is 101.9 per 1,000 births compared to 32 for the state.</p>	<ul style="list-style-type: none"> • Teen pregnancy is a complex issue in our community for many different reasons. Montana DPHHS has grants available that are addressing teenage pregnancy. NEMHS does not have the workforce available or financial resources to conduct a meaningful study at this time.
<p>6. Roosevelt County has a rate of 857.1 per 100,000 people with Hepatitis C compared to 112.95 for the state.</p>	<ul style="list-style-type: none"> • Hepatitis C rates are traditionally high within Montana’s tribal populations. Some steps have been taken to address this issue; Indian Health Services has implemented a needle exchange to help fight the Hepatitis crisis.
<p>7. Unintentional injury death rate for Roosevelt County is 96.7 per 100,000 people compared to 41.3 in the state.</p>	<ul style="list-style-type: none"> • Some of this can be attributed to Montana not having a primary seat belt law and no consistent DUI check points. NEMHS continues to promote healthy behaviors that can reduce unintentional injury in the clinics, EDs and in the community at large.

Dissemination of Needs Assessment

Northeast Montana Health Services “NEMHS” disseminated the community health needs assessment and implementation plan by posting both documents conspicuously on their website (<http://www.nemhs.net/>) as well as having copies available at Poplar Community Hospital and Trinity Hospital, the Fort Peck Community College Library in Poplar, and the Wolf Point Community

Library. A copy can also be obtained by contacting NEMHS leadership should community members request to view the community health needs assessment or the implementation planning documents.

NEMHS convened a Steering Committee, which was formed specifically to assist and provide input on NEMHS's community health assessment process. Their feedback helped steer NEMHS's priorities for the next three-year implementation plan. The Steering Committee, as well as the Board of Directors, will be encouraged to act as advocates in Roosevelt County as the facility seeks to address the healthcare needs of their community.

Furthermore, the board members of NEMHS will be directed to the hospital's website to view the complete assessment results and the implementation plan. NEMHS board members approved and adopted the plan on **May 30, 2019** Board members are encouraged to familiarize themselves with the needs assessment report and implementation plan, so they can publicly promote the facility's plan to influence the community in a beneficial manner.

NEMHS will establish an ongoing feedback mechanism to take into account any written comments it may receive on the adopted implementation plan document.

Northeast Montana Health Services (NEMHS)

May 30, 2019

RESOLUTION to APPROVE COMMUNITY HEALTH NEEDS IMPLEMENTATION PLAN

WHEREAS THE BOARD of NEMHS approved of and oversaw the implementation of a Community Health Needs Assessment for the purpose of improving community health status and meeting Internal Revenue Service mandates enacted through the Patient Protection and Affordable Care Act;

NOW THEREFORE BE IT RESOLVED that the Board of NEMHS does hereby adopt this resolution to accept the Community Health Needs Implementation Plan Presented on this day to address the following prioritized community health needs:

- Access to healthcare services
- Health and wellness
- Access to Physical Therapy Services

Upon vote taken, the following voted:

For: 5

Against: 0

WHEREUPON said RESOLUTION was declared duly passed and adopted this 30 day of May 2019.
Month/Year

Shawn Gibson
Board Chair

Attest: Whitney Matthews
Board Secretary