

FAITH LUTHERAN HOME

1000TH 6TH Avenue North
Wolf Point, MT 59201

NEWSLETTER

January 2024



Always find a reason to laugh – it may not add years to life but will surely add life to your years.



Happy New Year, & welcome to 2025!

As we begin this new chapter of 2025, it's a great time to reflect on the past year and set meaningful intentions for the year ahead. We are wishing all of you a year filled with purpose, connection, and happiness.

Why not start the year off on a positive way? Research continues to show that staying mentally engaged and learning new skills can do wonders for brain health. Picking up a new hobby like word search puzzle, reading or taking part in a group discussion can improve focus, memory and happiness.

Why not challenge yourself to try to volunteer at FLH by doing 1-1 visit with residents; assist/participate in group games or show your talents.

Wishing you all a wonderful and peaceful New Year!

Thank you,

FLH Staff

We would like to thank the Carolers; Mr. & Mrs. Cranford & friends, Filipino Teachers, Dr. & Mrs. Welch, Helen Welte & Mom Maxine; to dedicated and energetic Hairdressers & different churches groups in the community. YOU ROCK!

Thankyou also to Mary Goumeau, Irene Rathert and Poplar Middle School for the Christmas Cards for our residents.

The Nun

A man suffers a serious heart attack and has bypass surgery. He awakes to find himself in the care of nuns at a Catholic hospital. A nun seated next to his bed holding a clipboard with several forms and a pen.

NUN: Good morning! How are you going to pay for your hospital treatment – do you have health insurance?

PATIENT: No health insurance.

NUN: Do you have money in the bank?

PATIENT: No money in the bank.

NUN: Do you have a relative who could help you with the payments?

PATIENT: I only have a spinster sister and she is a nun.

NUN: (annoyed) Nuns are not spinsters! Nuns are married to God.

PATIENT: Then send the bill to my brother-in-law.

Sick Day

A man calls his boss and says "I can't come to work today"

The boss asks why and the man says, "It's my eyes."

"What's wrong with your eyes?" asks his boss.

"I can't see myself coming to work today."



In January let us celebrate the birthday of:

DONALD PARTRIDGE

January Trivia

January was named after the Roman god Janus; the god of beginnings and transitions.

Zodiac sign: Capricorn & Aquarius

Birthstone: Garnet

Flower: Carnation

Famous First Flight

On January 21, 1976, the Concorde launched its first commercial flights, revolutionizing air travel. This supersonic jet, flying at twice the speed of sound, cut travel times in half and became an icon of luxury and innovation. The Concorde was retired in 2003.

NINE LETTER WORD PUZZLE

Can you find the 9-letter word in this puzzle? Last month's Answer: WAISTLINE

R	H	E
A	T	W
M	R	O

Word: _____